

summer course offering:

# INTRODUCTION TO HERBAL MEDICINE +ALLYSHIP

July 30th-  
August  
1st, 2021



This class will cover the cultivation, harvesting and processing of medicinal herbs to create tinctures, infusions, and essences. Participants will learn about the importance of herbalism in social movements, self-care, community care, and pandemic resilience.

## INSTRUCTORS

Tanya Stiller  
Mallika Nair  
Delia Carroll  
Pua Owan  
Nori Treacy  
Lekeisha Simpson  
Leah Van Winkle

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[hannahpearlapothecary.com](http://hannahpearlapothecary.com)

# MEET THE INSTRUCTORS



## Tanya Stiller

Tanya Stiller is an ethnobotanist, clinical herbalist and nutritionist. She has been teaching herbalism, gardening, and ethical foraging for 20 years.



## Mallika Nair

Mallika Nair is a student of healing plants in the folk herbalism tradition. She holds a Masters of Science degree in Agroecology from the Norwegian University of Life Sciences.



## Pua Owan

Pua Owan is a second year student of the Ancestral Apothecary and he has a special interest in herbs' power to support the QTBIPOC community.





### **Delia Carroll**

Delia Carroll is a permaculture design teacher whose special focus is the creation of medicinal forest gardens for individual and community health and wellbeing.



### **Nori Treacy**

Nori Treacy is a permaculture designer, landscaper and life-long community herbalist, with years of wilderness/street herbalism practice. They are fascinated by the hidden wisdom of wounds.



### **Lekeisha Simpson**

Lekeisha is a fabulous genderqueer spirit being. Their goal is to combine regenerative land practice with their passion for ancestral connection/reverence, holistic wellness, spirituality and drumming.



### **Leah Van Winkle**

Leah Van Winkle is a recent transplant to the Bay Area, CA from the Appalachian foothills of central Kentucky. With strong roots and experience in land-based permaculture design, her passion is to expand this holistic lens to cultivate nurturing social relationships in her communities.